# FOOD INSECURITY

LET'S ALL EAT SOMETHING TODAY

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# **ROOT CAUSE**

Most people are wasteful and lack of apathy when it comes to food waste and food insecurity.



#### FACT 1

80 billion pounds of food is wasted yearly, and this number is higher than the global average of food waste.



#### FACT 2

30 to 40% of the United States food supply is wasted every year.



#### **FACT** 3

We see people waste food every day when they do not finish their meals or forget about the food they have at home.

#### Group 1 Food insecurity



## WHAT CAN YOU DO

We can take actions by not wasting food, donating to a food bank in your community, or by influencing people to not waste food and to donate to local food banks.

# HOW DO YOU TAKE ACTION

On the individual/personal level, we can donate to food banks, not waste food, and spread the word.

On local, state or national level, we can post on newspaper, increase funding to food banks, and use social media to help with food insecurity.

Others can take actions by finishing their food, controlling your cooking, and spreading the word.

#### WHAT WE LEARNED

We started this camp not worrying about food insecurity, but we learned it was a big deal when we started this project. We also learned that there is a lot of wasted food per year. With that, we learned how to help and donate. We learned good ways to spread the word about food insecurity.

# RESOURCES

https://www.rts.com/resources/guides/food-waste-america/

https://newsela.com/read/food-danger/id/4930/

https://newsela.com/read/elem-food-from-trash/id/39312/

https://newsela.com/read/produce-prescription/id/22360

## **ABOUT US**

Group members: Landon, Kennedi, Talayeh, Dylan, Cyrus

Group name: People for The People

We chose this issue because people with low income could have benefited a lot from the food that we are wasting and throwing away.

Fun fact: We're the youngest group.